



Rowde C of E Academy

Learn, Grow, Love

RSE Policy

Date agreed: January 2021

Review Date: January 2023

Learn, Grow, Love

Intent

At Rowde Academy we have introduced a whole school PSHE scheme called Jigsaw. Details of this can be found in our PHSE Policy.

RSE is a distinct subject within this, and delivered in a way appropriate to our values and beliefs, and the programme we offer is the result of thorough consultation with the Diocese, Academy Council and Parents.

Implementation

Jigsaw is designed as a whole school approach, with all year groups working on the same theme (Puzzle) at the same time. Our RSE sits within this programme.

The different puzzle pieces are:

- 1) Being Me in My World
- 2) Celebrating Difference
- 3) Dreams and Goals
- 4) Healthy Me
- 5) Relationships**
- 6) Changing Me**

Relationships & Sex Education (RSE Education)

An important part of the Jigsaw PSHE programme is delivered through the 'Relationships' and 'Changing Me' puzzle pieces which are covered in the summer term. Parents can opt to exclude their child from Sex Education (Changing Me puzzle piece), however Relationships is statutory.

There are four main aims of teaching RSE:

- To enable children to understand and respect their bodies
- To help children develop positive and healthy relationships appropriate to their age and development
- To support children to have positive self-esteem and body image
- To empower them to be safe and safeguarded.

Each year group will be taught appropriate to their age and developmental stage. At no point will a child be taught something that is inappropriate; and if a question from a child arises and the teacher feels it would be inappropriate to answer, (for example, because of its mature or explicit nature), this information will be shared with you by your child's class teacher. The question will not be answered to the child or class if it is outside the remit of that year group's programme.

Below is a summary of Relationship coverage within the Jigsaw scheme for each year group:

- Foundation Stage – My Family and Me, Making Friends, Falling Out and Bullying, Being the Best Friends We Can Be.
- Year 1 – Families, Making Friends, Greetings, People Who Help Us, Being My Own Best Friend, Celebrating Special Relationships.
- Year 2 – Families, Keeping Safe, Friends and Conflict, Secrets, Trust and Appreciation, Celebrating Special Relationships.
- Year 3 – Family Roles and Responsibilities, Friendship, Keeping Myself Safe Online, being a Global Citizen, Celebrating My Web of Relationships.
- Year 4 – Jealousy, Love and Loss, Memories, getting on and Falling Out, Girlfriends and Boyfriends, Celebrating My Relationships with People and Animals.
- Year 5 – Recognising Me, Safety and Online Communities, Being in an Online Community, Online Gaming, My Relationship with Technology: screen time, Relationships and Technology.
- Year 6 – What is Mental Health? My Mental Health, Love and Loss, Power and Control, Being Online: Real or Fake? Safe or Unsafe?, Using Technology Responsibly.

Below is a summary of Sex education coverage within the Jigsaw scheme for each year group:

- Foundation Stage - Growing up: how we have changed since we were babies
- Year 1 - Boys' and girls' bodies; naming body parts
- Year 2 - Boys' and girls' bodies; body parts and respecting privacy (which parts of the body are private and why this is)
- Year 3 - How babies grow and how boys' and girls' bodies change as they grow older
- Year 4 - Internal and external reproductive body parts, body changes in girls and menstruation
- Year 5 - Puberty for boys and girls, and conception
- Year 6 - Puberty for boys and girls and understanding conception to birth of a baby

Impact

The intended impact of RSE at Rowde is that all pupils develop over time a responsible, knowledge and values-based understanding of themselves and their relationships with others, and that this is evidenced in their choices and behaviours. The impact of RSE at Rowde will be reviewed regularly by the SLT and Academy Council and will include analysis of (but not limited to) behaviour data, pupil voice and parent voice.